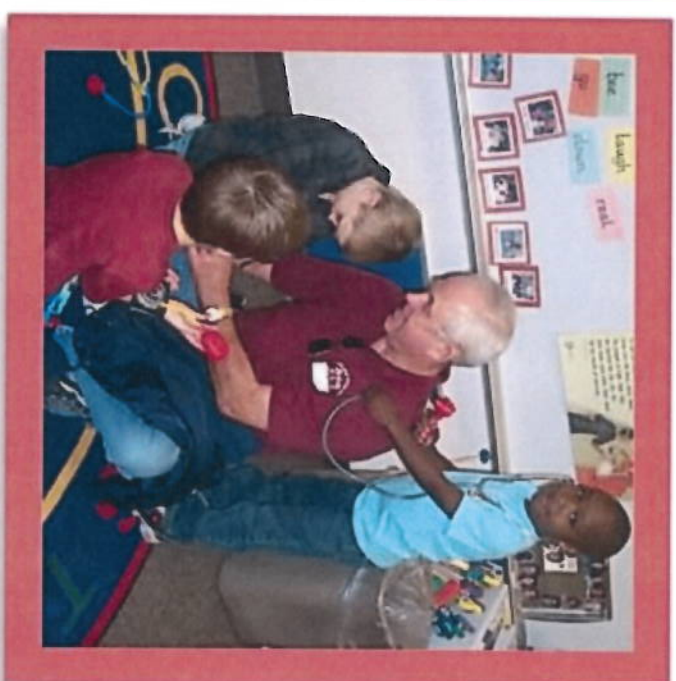


# Physical Health & Development: Health

- \* Determine child access to continuous health care
- \* Determine child health/immunization status
- \* Track and provide assistance for child health needs and follow up care
- \* Secure developmental screenings (ht/wt/vision/hearing)
- \* Develop plan for coordinate health services as needed
- \* Involve parents in understanding health care system



- \* Health documentation from parent, provider, school nurse and/or community provider

# Physical Health & Development: Health

Foster health literacy by  
integrating lessons into the  
classroom

- \* **Abrams Curriculum**

Monitor BMI and promote a  
variety of physical activities

- \* **Growth Assessments**

Involve parents in  
understanding health care  
system

- \* **Individual assistance as needed**



# Physical Health & Development: Nutrition

## Identify nutritional needs

- \* Nutrition History, parent reporting, physical exam

## Serve variety of foods of nutritional value

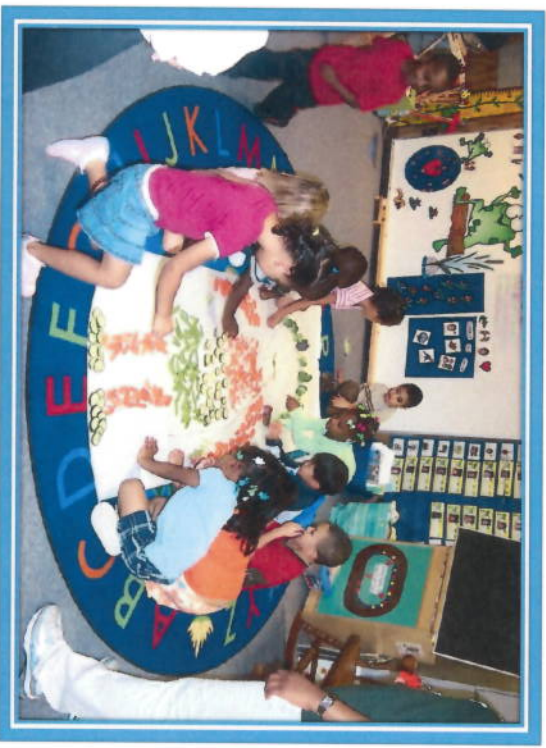
- \* CSISD Child Nutrition, USDA, Texas Nutrition Policy

## Provide varied nutritional experiences

- \* Field trips, Nutrition Nuggets, classroom cooking experiences

## Encourage family style dining

- \* Modeling healthy eating while promoting positive conversation



# Physical Health & Development: Nutrition

**Provide nutrition education for parents**

- \* Nutrition Nuggets, Healthy Families

**Accommodate medically prescribed diets**

- \* CSISD Medical Authorization Protocol

**Facilitate cultural dietary needs**

- \* Head Start Performance Standards and CSISD practice

**Promote dental hygiene**

- \* Head Start Performance Standard, Community Collaborations



# Physical Health & Development: Safe Environments

Follow posted evacuation routes

**\* CISD Emergency Policy**

Notify families in the event of emergency

**\* Head Start Policies/Procedures**

Provide child abuse training for all staff

**\* Head Start Policies/Procedures**

Secure policy of professional confidence

**\* CISD Release of Information**

Follow protocol for providing health services

**\* CISD District Nurse Protocol**

